

Sprint

	Ages (Dec 31)	Distance Km	Shooting	Trails	Penalty	Shooting Notes
Masters Men	35+	6	PS	Red, Blue, Pink	long 150m	IBU
Masters Women	35+	6	PS	Red, Blue, Pink	long 150m	IBU
Men	21-34	10	PS	Green, Green, Green	long 150m	IBU
Women	21-34	7,5	PS	Red, Red, red	long 150m	IBU
Dev Men	19+	6	PP	Red, Blue, Pink	long 150m	Prone on standing targets with rest; coach shuttle
Dev Women	19+	6	PP	Red, Blue, Pink	long 150m	Prone on standing targets with rest; coach shuttle
Junior Men	19-20	10	PS	Green, Green, Green	long 150m	IBU
Junior Women	19-20	7,5	PS	Green, Red, Pink	long 150m	IBU
Youth Men / CWG	17-18	7,5	PS	Green, Red, Pink	long 150m	IBU
Youth Women /CWG	17-18	6	PS	Orange, Pink, Pink	long 150m	IBU
Cadets Youth Men	17-18	7,5	PS	Green, Red, Pink	long 150m	Rifle on Mat. Single Load
Cadets Youth Women	17-18	6	PS	Orange, Pink, Pink	long 150m	Rifle on Mat. Single Load
Senior Boys	15-16	6	PS	Orange, Pink, Pink	long 150m	Range procedure for Senior; range shuttle
Senior Girls	15-16	6	PS	Orange, Pink, Pink	long 150m	Range procedure for Senior; range shuttle
Cadets Senior Boys	15-16	6	PS	Orange, Pink, Pink	long 150m	Rifle on Mat. Single Load
Cadets Senior Girls	15-16	6	PS	Orange, Pink, Pink	long 150m	Rifle on Mat. Single Load
Dev. Youth Boys & Girls	15-18	6	PP	Orange, Pink, Pink	long 150m	Prone on standing targets with rest; coach shuttle
Junior Boys	13-14	4,5	PP	Blue, Yellow, Yellow	short 100m	Prone targets with sling; coach shuttle
Junior Girls	13-14	4,5	PP	Blue, Yellow, Yellow	short 100m	Prone targets with sling; coach shuttle
Cadets Junior Boys	12-14	4,5	PP	Blue, Yellow, Yellow	short 100m	Rifle on Mat. Single Load
Cadets Junior Girls	12-14	4,5	PP	Blue, Yellow, Yellow	short 100m	Rifle on Mat. Single Load
Juvenile Boys	11-12	3,75	PP	Yellow	short 100m	Prone targets with rest; coach shuttle
Juvenile Girls	11-12	3,75	PP	Yellow	short 100m	Prone targets with rest; coach shuttle
Dev Boys & Girls	11-14	3,75	PP	Yellow	short 100m	Prone on standing targets with rest; coach shuttle

Trails may be adjusted to suit snow conditions