

# 4th Annual Combined Event!



**Manitoba Cup #2**  
**January 14/15, 2012**  
**Falcon Ridge Ski Resort**


**Biathlon**  
**Manitoba**



**Registration:**

On Line, Zone 4 <https://zone4.ca/onlinereg.asp?id=4254&lan=1>  
On Line Registration closes **January 12, 2012, 11:59 p.m. (23:59h)**  
**LATE/ON SITE REGISTRATION NOT AVAILABLE \***

**Questions?**  
Please contact  
Steve Broda-Milian  
[brodamilians@mts.net](mailto:brodamilians@mts.net)

Cross Country Ski Race Saturday, January 14	Biathlon Open House Saturday, January 14	Biathlon Race Sunday, January 15
<ul style="list-style-type: none"> <li>• Technique: skate</li> <li>• Bib handout 9:30 a.m.</li> <li>• Races begin 11:00 a.m., in order of category</li> <li>• Medals for top 3/category</li> </ul> 	<ul style="list-style-type: none"> <li>• 2:00-4:00 p.m.</li> <li>• Try biathlon target shooting</li> <li>• <b>PARTICIPATION IS FREE</b></li> <li>• 10 rounds per turn</li> <li>• 2 turns per participant</li> <li>• Biathlon range located 500 meters east of ski chalet</li> <li>• Dress warmly</li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>* Bonus!</b> ...chance to register for biathlon race - at the Open House.</p> </div>	<ul style="list-style-type: none"> <li>• Format: Modified Sprint                             <ul style="list-style-type: none"> <li>• two shooting bouts, missed targets elicit a time penalty (i.e. no penalty loops)</li> <li>• Shorter course, biggest targets for new comers</li> </ul> </li> <li>• Technique: skate</li> <li>• Bib handout 9:30 a.m.</li> <li>• Range open for Zero 10:30 a.m.</li> <li>• Races begin 12:00 p.m.</li> <li>• Medals for top 3/category</li> <li>• <b>Competitors carrying a rifle during competition MUST present a valid Fire-arms licence at bib handout.</b></li> <li>• Non Biathlon Canada members Insurance Fee: \$5.00/athlete</li> </ul>

**Directions:**

Falcon Lake is located 120 kms. east of Winnipeg, just off the Trans Canada Highway, in the Whiteshell Provincial Park. Take the Falcon Lake turn off the Trans Canada and drive straight through the Park Gate. Follow the South Shore Road which branches off to the right and goes past the golf course. Follow South Shore Road for 12km. and look for the Welcome Centre on your left (north side of the road). Drive thirty more seconds and you've arrived at the Falcon Ridge Ski Resort! View in Google Maps: <http://maps.google.com/maps?q=to%20100%20Falcon%20Ridge%20Road%20Falcon%20Lake%20Manitoba%20R0E%20N0>

**Accommodation:** Falcon Trails Resort <http://www.falcontrails.mb.ca/> Falcon Beach Ranch <http://www.falconbeachranch.com/>

Other <http://www.google.ca/search?aq=f&ix=hcb&sourceid=chrome&ie=UTF-8&q=falcon+beach+hotel>

**Additional Important Information:**

- Volunteers are the heart of any successful event. Please contact Steve Broda-Milian if you wish to volunteer.
- Fees are non refundable except in the event of cancellation by Race Organizer.
- Rifles and ammunition are provided.
- The Race Jury may modify the race start time, format, course and or distances.
- Competitors are responsible for skiing trails and # of loops correctly.
- Competitors are responsible for shooting targets in the correct lane and position. i.e. prone or standing.
- There is a small wax room available.
- Food & drink are available for purchase in the Falcon Ridge Chalet.